

## *signature treatments*

SAGAMORE SIGNATURE  
LAVENDER DREAMS EXPERIENCE  
90 minutes: \$165

SAGAMORE SIGNATURE  
ORGANIC AROMATHERAPY MASSAGE  
75 minutes: \$160

DREAMTIME MASSAGE  
100 minutes: \$195

## *massage therapy*

SAGAMORE CUSTOM MASSAGE\*  
50 minutes: \$105

ORGANIC AROMATHERAPY  
MASSAGE  
50 minutes: \$115

PREGNANCY MASSAGE\*  
50 minutes: \$105

SAGAMORE CUSTOM MASSAGE\*  
75 minutes: \$150

ORGANIC AROMATHERAPY  
MASSAGE  
75 minutes: \$155

FOOT REFLEXOLOGY  
50 minutes: \$105

DEEP TISSUE MASSAGE  
75 minutes: \$155

QUATRO MANI MASSAGE\*  
50 minutes: \$200

\*Ask us about upgrading to Certified  
Organic Massage Oil in any of these  
treatments (additional: \$5)

ADIRONDACK HOT STONE  
MASSAGE\*  
75 minutes: \$155

## *special therapies*

SHIATSU  
50 minutes: \$105

CRANIOSACRAL THERAPY  
50 minutes: \$105

REIKI ENERGY HEALING  
50 minutes: \$105

ACUPUNCTURE  
50 minutes: \$135

## *the healing powers of water*

THERMAL MINERAL BATH  
20 minutes: \$45

HERBAL BATH  
20 minutes: \$45

THALASSOBATH  
20 minutes: \$45

AROMA THERAPY BATH  
20 minutes: \$45

## *kur rituals*

THERMAL THERAPY  
DETOX KUR  
90 minutes: \$165

SPIRULINA DETOX KUR  
90 minutes: \$165

GENTLEMAN'S  
BODY TREATMENT  
90 minutes: \$165

SUNLESS TANNING  
TREATMENT  
50 minutes: \$110

## *body treatments*

GENTLE CHAMOMILE SCRUB  
50 minutes: \$105

LAVENDER CRUSH SCRUB  
50 minutes: \$105

TURKISH SALT SCRUB  
50 minutes: \$105

SPIRULINA WRAP  
50 minutes: \$105

MOOR MUD WRAP  
50 minutes: \$105

ESSENTIAL OIL WRAP  
50 minutes: \$105

HYDRATING WRAP  
50 minutes: \$105

## *kerstin florian facials*

CAVIAR FACIAL  
75 minutes: \$165

CAVIAR CELL VITALE  
50 minutes: \$125

CUSTOMIZED CORRECTING SKIN RESCUE FACIAL  
50 minutes: \$125

CUSTOMIZED CORRECTING SKIN RESCUE FACIAL  
75 minutes: \$165

SOOTHING AFTER SUN FACIAL  
50 minutes: \$115

## *facial upgrades*

VITAMIN C AMPOULE  
Included in Facial: \$50

INTENSIVE REPAIR  
AMPOULE  
Included in Facial: \$40

GLYCOLIC TREATMENT  
Included in Facial: \$25

EYE RESCUE  
Included in Facial: \$25

## *jurlique facials*

THE SAGAMORE ULTIMATE FACIAL EXPERIENCE  
75 minutes: \$155

SACRED STONE HEALING FACIAL  
75 minutes: \$155

CLASSIC AUSTRALIAN INDULGENCE  
50 minutes: \$110

CLASSIC AUSTRALIAN INDULGENCE  
75 minute: \$150

GENTLEMAN'S FACIAL  
50 minutes: \$110

TIMELESS INSPIRATION FACIAL  
50 minutes: \$110

# *crystalline consciousness technique™*

CRYSTALLINE RADIANCE MASSAGE

75 minutes: \$160

CRYSTALLINE RADIANCE FACIAL

75 minutes: \$160

## *hair services*

WOMEN'S HAIR CUT AND STYLE

45 minutes: \$45

HAIR CUT WITH COLOR

Times Vary: \$45

DOUBLE PROCESS COLOR

Times Vary: \$80

MEN'S HAIR CUT

30 minutes: \$30

SPECIAL OCCASION STYLE

Times Vary: Starting at \$50

FOIL HIGHLIGHT

Times Vary: \$125

SHAMPOO, BLOW DRY AND STYLE

30 minutes: \$35

SINGLE PROCESS COLOR

Times Vary: \$50

## *nail services*

AROMA MANICURE

30 minutes: \$30

LUXURY CAVIAR MANICURE

45 minutes: \$45

EXPRESS MANICURE

25 minutes: \$25

AROMA PEDICURE

50 minutes: \$60

LUXURY CAVIAR PEDICURE

75 minutes: \$75

EXPRESS PEDICURE

25 minutes: \$45

GOLFER'S PEDICURE

50 minutes: \$70

## *salon services*

PARAFFIN TREATMENT- HANDS

15 minutes: \$17

EYEBROW WAX

15 minutes: \$15

LIP OR CHIN WAX

15 minutes: \$15

PARAFFIN TREATMENT- FEET

15 minutes: \$22

EYEBROW WAX WITH ARCH

15 minutes: \$25

MAKE-UP  
APPLICATION/CONSULTATION

30 - 60 minutes: \$90

# *mind, body and spirit programs*

## NUTRITIONAL ANALYSIS

50 minutes: \$85

## EXERCISE FOR WEIGHT LOSS

50 minutes: \$60

## PRIVATE YOGA

60 minutes: \$95

## BODY COMPOSITION ANALYSIS

25 minutes: \$30

## BASIC FITNESS ASSESSMENT

50 minutes: \$60

## PRIVATE TAI CHI

60 minutes: \$95

## PERSONAL TRAINING

50 minutes: \$60

## PERSONALIZED MEDITATION

50 minutes: \$70

## PRIVATE HIKE

(1 - 2 people) 3 hours: \$95

## PRIVATE HIKE

(3 - 6 people) 3 hours: \$150

# *to enhance your spa experience*

**WHAT TO BRING:** We will provide a robe and slippers for your use at the spa. If you feel more comfortable, please bring your bathing suit as our hydrotherapy area is a bathing suit optional area. Lockers are provided for your personal belongings. We regret that we cannot be responsible for loss or damage to personal articles, please secure all valuables in your room safe.

**SPA POLICIES:** Advance reservations for services are highly recommended. Before your arrival, you may call **1-800-358-3585** for reservations. Spa guests must be at least 12 years of age, and with parents permission, to book massages or facials. For the health and safety of your child, use of the steam room, sauna and jacuzzi is contraindicated for those under 16 years of age. For your convenience, an 18% service charge will be added to all spa services provided. Additional tipping and all salon gratuities are at your discretion. We strictly adhere to our Spa Cancellation Policy. If you must cancel or reschedule your spa or salon reservations, kindly let us know twenty-four hours prior to the time of your appointment to avoid being charged in full for your scheduled services.

Prices are Subject to change without notice.

**ETIQUETTE:** To preserve the tranquility of the spa, we respectfully request that you turn off all cell phones and pagers. The use of cameras or camera phones are not permitted in the spa. We encourage you to arrive 30 minutes prior to your scheduled appointment. Be reminded that your late arrival will determine the length of your treatment. As a courtesy to all of our guests, all appointments begin and end on time.

**FOR YOUR WELL-BEING:** Please be sure to fill out a Health Intake Form, as well as inform your therapist if you are pregnant, have high blood pressure, heart ailments or any other condition that contraindicates heat therapies, massage or skin care.

Water is an essential component for hydrating your body, releasing toxins and promoting overall health, so we encourage you to drink plenty of water during your spa experience and throughout the day. Your spa experience doesn't have to end when you leave, prolong the benefits of your spa experience.

All of your spa treatments can be enhanced with a home regimen. Our professional staff will prescribe a personalized program to meet your specific needs. All products are available for purchase at the spa shop.