

TEAM BUILDING OPTIONS

- **Gilman Performance Systems, Inc.** - www.yourbestmeeting.com

Meeting Facilitation, Meeting Design, Team Building, Leadership Development, & Sales Training
203.740.9767 (offices in Hartford/Stamford area, facilitators throughout the Northeast)



- **The Ant & The Grasshopper** – www.antgrasshopper.com

info@antgrass.com or (978) 525-2019 “Mixing Business with Pleasure”
(offices in NYC & Boston, facilitators throughout the Northeast)



- **Silver Bay YMCA on Lake George** www.silverbay.org - 518-543-8833

Low Ropes Course & Group Challenge Activities, Wilderness Initiative Course, Character Development/Self Awareness Activities, Personality Styles, Leadership Workshops, Customized Programming (15 minutes from The Sagamore)



- **Adirondack Extreme High Ropes Courses and Zip Lining**

www.adirondackextreme.com

518-494-7200 - (5 minutes from The Sagamore)

- **Charitable Community Team Events**

Double H Ranch, Habitat for Humanity, Salvation Army and United Way

Check with your Conference Services Manager for more information on these Charitable / Community Options

